

# Advanced Practice Summary Report

<b>Project title</b>	Establishment of a dietitian led out-patient adult eating disorder (ED) clinic.
<b>Health service</b>	Northeast Health Wangaratta (NHW).
<b>Project aim</b>	Improving patient access to service through a combined therapies and monitoring service through the establishment of a dietitian led out-patient adult eating disorder clinic.
<b>Key outcomes</b>	<ul style="list-style-type: none"> <li>• Dietitian led out-patient Emergency Department clinic established, built upon the existing Nutrition Outpatient Clinic at NHW, with the credentialed dietitian incorporating the advanced practice skills of monitoring vital signs and ordering limited pathology.</li> <li>• The clinic has provided comprehensive assessment of adult clients with an eating disorder in the outpatient clinic setting and ensured timely intervention, the credentialed dietitian measured and documented vital signs; and undertook clinical actions and communications based on these results, freeing up GP's time.</li> <li>• Developed a hospital guideline for allied health professionals requesting pathology tests.</li> <li>• Developed a model of care, scope of practice, capabilities and competency requirements.</li> <li>• Processes developed for dietitians at NHW to be credentialed in an advanced scope of practice role – ordering limited pathology for adult outpatients with an eating disorder.</li> <li>• Developed an agreement with local pathology labs.</li> <li>• Audit and evaluation tools and plan developed.</li> <li>• Since the dietitian began monitoring vital signs, 100% of initial assessment have had a more comprehensive assessment completed.</li> <li>• This model allows the psychologist to easily access the vital signs from the dietitian's monitoring to assist the client.</li> </ul>
<b>Total investment</b>	<p>Funding provided plus in-kind support: \$88,120</p> <ul style="list-style-type: none"> <li>• Funding costs included: Staffing, operational costs, equipment/capital costs</li> </ul> <p>Total FTE to provide service:</p> <ul style="list-style-type: none"> <li>• Dietitian</li> </ul>
<b>Resources developed</b>	<ol style="list-style-type: none"> <li>1. Dietitian initiated observations Guideline</li> <li>2. Credentialing for dietitians to monitor vital signs</li> <li>3. Dietitian initiated Pathology Guideline</li> <li>4. Credentialing for dietitians to order path</li> <li>5. Letter to emergency department</li> <li>6. Letter of endorsement generic allied health</li> <li>7. Audit eating disorders advanced practice</li> <li>8. Evaluation eating disorders advanced practice</li> </ol>