

Advanced Practice Summary Report

Project title	Early Spinal Triage Service.
Health service	St Vincent's Hospital Melbourne (SVH).
Project aim	Development of an early spinal triage service at SVH.
Key outcomes	<ul style="list-style-type: none"> • Significant reduction (37%) of patient referrals on the Neurosurgical Spine waitlist. <ul style="list-style-type: none"> • 498 were directed to EAST clinic: <ul style="list-style-type: none"> - 217 of these were directed to the established physio led clinic in Neurosurgery and therefore removed from the waitlist. - 230 of these were outside the criteria and were directed to conventional neurosurgery clinics. • 22% were discharged at appointment. • 30% were followed up in the Physiotherapist led clinics in Neurosurgery, with 17% of these discharged at follow up, remaining 13% were progressed to neurosurgical consultation. • 16% were booked directly into Neurosurgical review appointment • 32% did not attend EAST clinic appointment. • Clinics were booked at 100% capacity from February to June 2016. • Timely treatment planning and management with PT interventions. • Developed EAST clinic Learning and Development Assessment framework and resources. • Completion of the learning and development pathway for credentialing as an advanced practice musculoskeletal physiotherapist. • Reduction of 21 months on length of time patients are on waiting list following referral. • High level of satisfaction with EAST clinic from 96% of patients surveyed. • Ability to have rural patients receive imaging and physiotherapy in rural location.
Total investment	<p>Funding provided plus in-kind support: \$ 140,490</p> <ul style="list-style-type: none"> • Funding costs included: Staffing costs, operational costs, • In-kind support costs included: Steering committee members, support staff <p>Total FTE to provide service:</p> <ul style="list-style-type: none"> 1 x 0.3 FTE Project Lead Grade 4 PT 3 x 0.2 FTE Grade 4 PT 1 x 0.2 FTE Grade 3 PT 1 x 0.05 FTE Neurosurgeon 1 x 0.3 FTE Admin Support
Resources developed	Learning and development assessment framework