

Testimonials from Clients

“One of the most difficult changes a healthcare organization can make is to change entrenched nursing dogma and behaviors associated with bedside practice. The O’Shea No Lift System is a powerful approach that provides the expertise and tools necessary to bridge this gap. Using a decentralized model that empowers clinicians to own and drive change in their environment works and will move your organization into a new realm of associate and patient safety.

Darryl Jordan
Vice-President, Risk Management
Seton Family of Hospitals - Texas

“In the last four years we have seen the O’Shea System transform the lives of residents and care staff alike. We have seen a huge reduction in falls and fractures, traumatic skin tears and bruising. Staff has reported less back pain and lethargy and there have been no manual handling injuries in the last 12 months.”

Michael Browning RN.Ma.FCNA
Manager Training, Education & Development
Royal Freemasons’ Homes of Victoria – Victoria Australia

“The healthcare network I am employed by commenced a patient manual-handling program in 1998. The hospitals implemented the O’Shea No Lift System. We now have a highly successful patient manual handling program where staff incidents/injuries are rare and staff would not be without the program. The O’Shea No Lift program clearly works. The patient handling training and education is simple and easy for staff to understand. The documentation that comes with the program clearly outlines what is expected and the healthcare network has certainly seen a dramatic decrease in the number and severity of injuries to clinical staff.”

Aiden Searle
Eastern Health Network
Box Hill Victoria Australia



Safe Patient Handling

Reducing risk of injuries for both patients and care givers

Endorsed by



O'Shea & Associates

Quality Outcomes for the Health Care Industry

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The O'Shea System

The O'Shea NoLift System is a patient / materials handling program designed to reduce risk of injury to staff and patients, improve patient quality care and comply with legislation and other standards.

Louise O'Shea developed the System in 1996 and since then it has been successfully implemented into more than 400 hospitals and nursing homes world-wide.

Louise is an Australian registered nurse with post graduate qualifications in occupational health and safety and community health. She developed the program as a direct response to the ongoing injuries sustained by health care workers associated with the manual handling of patients.

She is the CEO / President of O'Shea and Associates, a health and safety consultancy service which operates in the USA, Australia and New Zealand. The company specializes in developing and implementing systems based programs which aim to reduce manual handling hazards in the health care industry since 1995.

She is a co-author of the Worksafe Victoria Transferring People Safely guidelines which supports the legislative requirements in that state. She was a peer reviewer for the development of the New Zealand people handling guidelines published in 2003. She also works as an expert witness in legal cases in relation to manual handling in Australia.

Training Workshops

Over 400 facilities world wide use the O'Shea safe patient handling procedures. They are designed to reduce risk of injury to staff and patients and improve patient quality care and comply with legislation and other standards.

We provide practical hands on workshops in your facility to ensure you have competent staff who know how to move, reposition and transfer patients safely.



O'Shea Online Training and Competency Tool

For ongoing support we provide an online training and competency tool that is endorsed by the Royal College of Nursing Australia for continuing nurse education points.

It assists facilities to maintain up to date standardized refresher training and a competency tool which can be accessed 24 hours, 7 days a week, in or out of work time.

The tool also provides immediate management information from each facility including number of staff competent per unit / per facility, names of staff who are competent, names of staff unable to achieve competency and procedures staff are having difficulty with.



SMARTsheets®

These friction reducing devices are used to reposition patients easily and with minimal effort. They decrease the risk of pressure ulcers for patients by reducing shearing, skin tears and bruising that is associated with manually lifting and handling patients.

This also means they significantly reduce risk of injuries for care givers involved in moving and repositioning patients.

