

Quick Reference Card & Unit Poster



Insertion Instructions:

1. Protect yourself (BSI/PPE)
2. Identify indication & appropriate site
3. Check for contraindication
4. Locate landmarks **1**
5. Clean site **2**
6. Prepare driver and needle set
7. Insert needle set, confirm 5 mm mark **3**
8. Gently complete insertion **4**
9. Stabilize needle set & remove driver
10. Remove Stylet **5**
11. Confirm placement
12. Attach primed EZ-Connect® extension set
 - Consider infusing 2% (preservative free) Lidocaine IO for alert patients: **Adults** 20-40 mg SLOW IO
Pediatrics 0.5 mg/kg SLOW IO
13. Syringe FLUSH IO with 10 ml of a sterile solution **6**
14. Start infusion (use pressure) **7**
15. Stabilize catheter as needed

Remove within 24 hours

Removal Instructions:

1. Protect yourself (BSI/PPE)
2. Ensure alternate access
3. Disconnect EZ-Connect®
4. Attach sterile (aseptic) Luer lock syringe
5. Continuously rotate clockwise while gently pulling
5. Dress site & monitor for complications

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EZ-IO®

Intraosseous Infusion System

To Insert Needle Set:

- Locate landmarks **1**
- Clean site **2**
- Insert EZ-IO® needle set **3**
- Remove stylet from catheter **4**
- Attach primed EZ-Connect®
- Inject 2% Lidocaine IO in alert patients (Adults 20-40 mg - Pediatrics 0.5 mg/kg)
- Syringe bolus (flush) IO with 10 ml NS **6**
- Start infusion under pressure **7**

Do Not Leave the EZ-IO catheter in for more than 24 hours.

To Remove Catheter:

- Stabilize patient's extremity
- Connect sterile Luer lock syringe to hub of catheter (if available)
- Rotate catheter clockwise - while gently pulling
- When catheter has been removed, immediately place in appropriate biohazard container

DO NOT ROCK the catheter while removing. Rocking or bending the catheter with a syringe may cause the catheter to separate from the hub!

Emergency contact in US or Canada call: 1 (800) 680 4911
For international assistance contact your local Vidacare Distributor
www.vidacare.com

vidacare®
722 Jaram Road, San Antonio, TX 78216
(800) 679-8100
www.vidacare.com
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