

STRIPE program



BLS—D

Basic Life Support and Defibrillation

Prevention is the best cure!

Your patient has just
collapsed on the floor

what now?

D
R
S
A
B
C
D

D – check for **danger**

R – check for **response**

S – **send** for help

A – open **airway**

B – **breathing** normally?

C – **cardiopulmonary** resuscitation

D – attach **defibrillator**

Dangers

What are they?

Response

How will you get a
response?

Response



Send for help

HELP!
who are you
going to
call?

Airway



Breathing

- What is normal breathing?
- Start CPR if not responsive and not breathing normally
- Compressions before breathing now

CPR

What is the
position?

CPR

What is the
position?

Lower half of
chest

CPR

What is the
ratio?

CPR

What is the
ratio?

30:2

CPR

What is the
rate?

CPR

What is the rate?

100bpm =

Staying' Alive

CPR

What is the
depth?

CPR

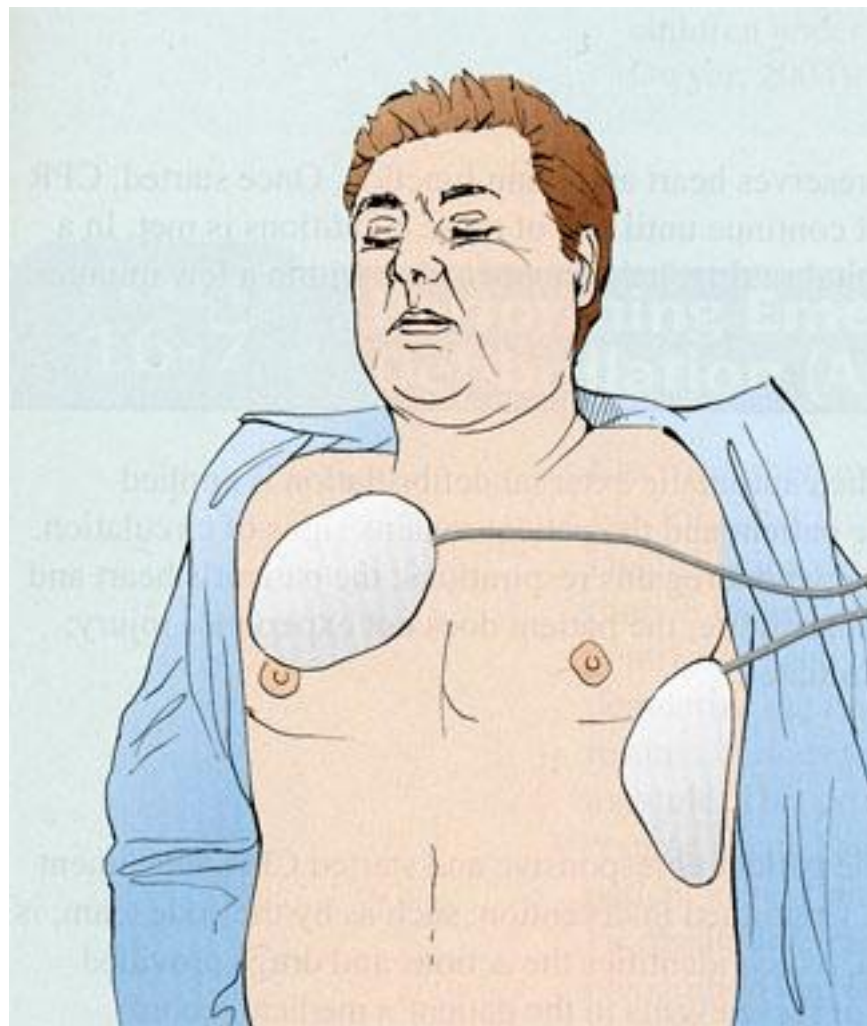
What is the
depth?

5cm – 1/3
chest

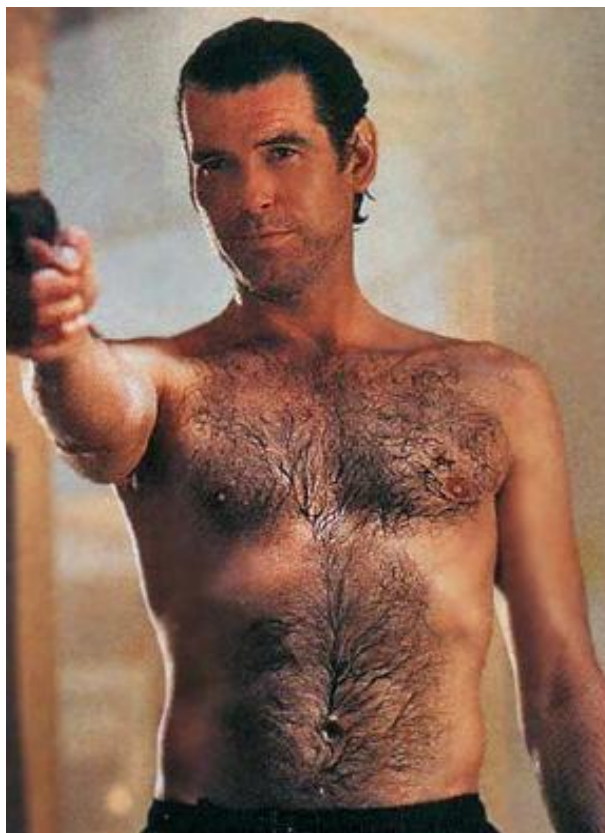
Defibrillator



Defibrillator



Defibrillator



Defibrillator



- 10% reduction in survival for every minute in VF/VT
(Guideline 7, 2011, Australian Resuscitation Council)
- Analyze every 2 minutes or 5 cycles of CPR

- If able – anticipate and plan for arrival of code/MET team
- Resus trolley/cart - drugs
- Medical staff – airway adjuncts/IV access
- Nursing – check BSL/bloods
- Documentation – code blue chart
- Speak to family?

Teamwork issues

- What is the priority until help arrives?
- Good quality compressions are paramount
- As a team ensure basics are attended to
- Monitor each other

References

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